

### Bridgehaven's Schedule of Therapeutic Groups and Activities

Name: \_\_\_\_\_

Therapist: \_\_\_\_\_

Date: \_\_\_\_\_

6/1/2022	Location	Monday Morning	Tuesday Morning	Wednesday Morning	Thursday Morning	Friday Morning
<b>9:00 to 10:15</b>	<b>Clinic</b>					
<b>9:00 to 10:15</b>	BTR Multipurpose 9	Empowerment Daisy			Gardening Lindsey	
	BTR Readiness 11				Surviving to Thriving Theresa & Susan P	Eating Recovery through Discovery Charelene
	OH Room 31	Movement for Life Debbie H	Achieving Wellness Angela R.	Achieving wellness Debbie H		Movement for Life Debbie H / Lindsey
	Old Kitchen 1st street RM 30			Mind Body Spirit Charlene	BH Staff Training Bethany & Hanna	
	2nd St Art Studio 2nd ST 109	CBT Adam	Developing Empowerment Bethany		Art Studio TR	Art Studio TR
	2nd St Conference 2nd ST 102					
	TBD 2nd ST 103			Social Change Eleanor		
	TBD 2nd ST 104	Positive Thinking Carrie	Book Club Carrie	LGBT Carrie	Med Ed Lori	Boundaries Eleanor
	TBD 2nd ST 106					
	2nd ST Multipurpose 2nd ST 108					Social Communication Using Games Daisy
<b>10:15 to 10:45</b>	House Meeting	Bruce / Phillip	Bruce / Phillip	Bruce / Phillip	Bruce / Phillip	Bruce / Phillip
<b>10:15 to 12</b>	<b>Clinic</b>					
<b>10:45 to 12:00</b>	BTR Multipurpose 9		Improved Attention Daisy		Sense of Purpose Daisy	
	BTR Readiness 11	Women's Group Debby R	Chronic Illness Charlene	Overcoming Depression Debby R	Grief and Loss Debby R	Food for Thought Brandon & Amanda
	OH Room 31					
	Old Kitchen 1st street RM 30	I Can Change Yolonda	Coping w/ Hearing Voices Brandon & Adam	Emotional Regulation Bruce	CET Bethany & Hanna	
	2nd St Art Studio 2nd ST 109		Expressive Therapies Hanna	Art Studio TR	Art Studio TR	Expressive Communications Joe
	2nd St Conference 2nd ST 102				Dual Diagnosis Angela & Ben	
	TBD 2nd ST 103	Men's Ben	Independent Living Eleanor			
	TBD 2nd ST 104	Real & Fake News Susan P	Problem Solving Carrie		Self Determination Carrie	Anxiety Management Carrie
	TBD 2nd ST 106					
	2nd ST Multipurpose 2nd ST 108			Movement for Life Carrie		

### Bridgehaven's Schedule of Therapeutic Groups and Activities

Name: \_\_\_\_\_

Therapist: \_\_\_\_\_

Date: \_\_\_\_\_

6/1/2022	Location	Monday Afternoon	Tuesday Afternoon	Wednesday Afternoon	Thursday Afternoon	Friday Afternoon
<b>12:00 to 12:30</b>	<b>Lunch</b>	<b>Jennifer J Phillip</b>	<b>Jennifer J Phillip</b>	<b>Jennifer J Phillip</b>	<b>Jennifer J Phillip</b>	<b>Jennifer J Phillip</b>
<b>12:30 to 1:00</b>	Group Room B					
<b>1:00 to 2:30</b>	<b>Clinic</b>					
<b>1:00 to 2:15</b>	BTR Multipurpose 9		Improved Attention Daisy			
	BTR Readiness 11		Self Determination Ben	Coping Ruby	Anxiety Management Debby R	
	OH Room 31					Problem Solving Debbie H
	Old Kitchen 1st street RM 30	Relationship Building Joe		ACT Cont. Adam	CET Bethany & Hanna	
	2nd St Art Studio 2nd ST 109	Creative Journaling Eleanor	Values Yolonda	Art Studio Joe		
	2nd St Conference 2nd ST 102	DBT Bruce				
	TBD 2nd ST 103					Emotional Support Eleanor
	TBD 2nd ST 104			Mindfulness Eleanor	Technology Anthony	
	TBD 2nd ST 106		Insomnia Lindsey	Organize It: Time, Money & Tasks! Lindsey		
	2nd ST Multipurpose 2nd ST 108	Improved Attention Daisy				Diabetes Management Daisy & Charlene Acceptance Daisy
<b>2:15-3:45</b>	2nd St. Kitchen					Healthy Living
<b>12:30 to 2:30</b>	<b>Van / TARC</b>		Movement for Life Brandon		Movement for Life Brandon	Overcoming Community Barriers w/ Bruce