

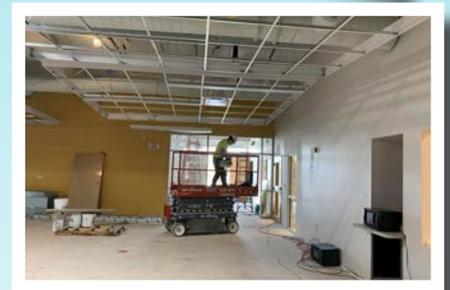
# By the Way...

Summer 2020

## The Journey is Almost Complete...



**Bridgehaven**  
MENTAL HEALTH SERVICES  
*Providing Hope and Recovery*



## Dear Bridgehaven friends and supporters:

During the last three months, we have witnessed so many changes in our world. Every day brings a “new normal”. Even those who have never before experienced mental health issues are struggling. Thus, we need your support to sustain hope and recovery for our members and others in the community now more than ever.

Bridgehaven has weathered the challenges of the global pandemic alongside our members virtually. Telehealth and phone calls have been used to bridge the gap while in-person services were suspended. We've worked hard preparing and planning to ensure the safety of members and employees as we cautiously reopen at a limited capacity.

In spite of the many challenges we are navigating, we have exciting news. Our renovated building on Second Street is nearing completion and will be ready for us to use beginning in August. This wonderful new space would not exist without your generosity.

In our new building, we have dedicated a wall on which you can sponsor building blocks that will form a permanent and beautiful piece of art: a bridge made of individual vinyl tiles, imprinted with your name and optional dedication. Your tile can be an in memoriam or a tribute to someone special.

So many of you have supported us faithfully. This year we ask that you please consider sponsoring a tile. You will help to sustain us as we navigate this time of prolonged uncertainty. Our members and community continue to need your help now more than ever as we prepare to meet the challenges of a pandemic that could easily become a global mental health crisis.

For 62 years you, our supporters, have worked with us to build bridges of hope and recovery. Bridgehaven's mission remains the same - to provide the very best mental health services and support to those in need and to continue to work to eradicate the stigma that surrounds mental health and mental illness.

**Hold hope. Be kind to yourselves and each other. This is how we will get through this – together.**



*Ramona Johnson*



Please go to [www.bridgehaven.org](http://www.bridgehaven.org) or snap the QR Code with your cellphone camera to purchase your tile today!



# PROGRAM UPDATES



During this time, staff at Bridgehaven are working hard to provide the best care for each of our members. We have been, are, and remain an essential healthcare service. During the height of the Coronavirus outbreak, we discontinued traditional group onsite services and began telehealth sessions and supportive contact with our members via phone calls and electronic communication. We have now re-opened our building, adhering to the safety guidelines from the Governor's office. At this time, we offer individual therapy, peer support, therapeutic rehabilitation, and medication management and group therapy by appointment only.

We will continue our plans to resume group services in limited numbers for the safety of our members and staff. Please keep watching for updates as we continue this journey to meet the mental health needs of our members, while working to ensure the safety for everyone involved with Bridgehaven Mental Health Services.

*The Bridge to Light awards:* Unfortunately, due to COVID-19, we have canceled for 2020 but will resume in 2021, including all the nominees from 2020. Our speaker, Paul Erway, has agreed to join us in 2021.

*Art as a Part of Healing:* We have gone digital! We have launched our online art store, visit our website: [www.bridgehaven.org](http://www.bridgehaven.org) to check it out! Member artists will still get half of the sale, and the other half will help purchase supplies. You can browse online and pick up your artwork in person.

*Grand Opening:* Our new building will be complete in August of this year! We are unable to have the crowd we would like to for this event. We will have an open house open for the public in 2021.

Last but not least our annual *Bridgehaven Bridge Builder Breakfast* is normally held the Wednesday after Thanksgiving. We are working toward holding this important event for our members, community outreach and education and program funding. Please check our website, [www.bridgehaven.org](http://www.bridgehaven.org) for more updates as we get closer.

# EVENT UPDATES



**Bridge Builder  
Society Members**

**Handmade Cloth  
Mask Volunteers**

**Community Donors**

**Louisville Metro Government**

**Bridgehaven Board  
of Directors**

**Essential Supply Volunteers**



**Louisville Dare to Care  
Food bank**



Nonprofit Org  
 U.S. Postage Paid  
 Louisville, KY  
 Permit No. 1322



Thanks to everyone who submitted your wear green for Mental Health month in May!

Stay up to date with  
 Bridgehaven on Social  
 Media!



## Bridgehaven's Board of Directors

- |              |                 |                  |
|--------------|-----------------|------------------|
| Sarah Acland | Barbara Dwyer   | Aundrea Lewis    |
| Jim Allsopp  | Wes Gersh       | Steve Lun        |
| Joe Bellino  | Scott Gloeckler | Jay Mallory      |
| Gary Bensing | Lindsay Scott   | Joanne Mattingly |
| Dennis Boyd  | Paul Halloran   | Ben Price        |
| Lee Cochran  | Ken Hartung     | Mollie Smith     |
|              | Patrick Higgins |                  |

### Our Mission

Bridgehaven provides hope and recovery through innovative comprehensive, community based mental health services to adults living with mental illness. Bridgehaven's Community Based Psychosocial Rehabilitation Programs and Outpatient Mental Health Programs are accredited by CARF. Bridgehaven is a member agency of Metro United Way. In accordance with Federal law, this agency does not discriminate on the basis of race, color, national origin, sex, age or disability. To file a complaint:

Bridgehaven, Attn: Ramona Johnson, 950 S 1st Street, Louisville KY 40203, 502-585-9444