

Upcoming Events

Mark your calendars now!

Village Anchor Fundraiser

Sunday, June 5, 2016
5:00-9:00pm
Village Anchor in Anchorage

Golf Challenge

Monday, June 13, 2016
Oldham County Country Club

Bridge Builder Lunches

Wednesdays from 12:00-1:00pm
Free Lunch, Tour, Member Stories
June 8, 2016
August 10, 2016
September 14, 2016
October 12, 2016
November 9, 2016

Contact 502-585-9444 for more information.



950 S. First St.
Louisville, KY 40203
502-585-9444
bridgehaven.org

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By the Way

Your Spring 2016 Bridgehaven Update

Bridgehaven Sails through Accreditation

Hard Work and Dedication Make CARF Survey Successful!

Mental health facilities, along with many other health services agencies, seek an official accreditation for their services. Organizations such as the Commission on Accreditation of Rehabilitation Facilities set standards of best practice for agencies such as ours. Accreditation officially reflects our high quality of services when we are applying for grants or fundraising; having CARF accreditation means we're meeting international standards of excellence.

Two CARF surveyors toured the building, checked for safety, cleanliness and organization, observed how we respect confidentiality, interviewed employees and members, and generally assessed our operations, services, documentation of successful outcomes and continuous performance improvement. In a nutshell, CARF is a review of Bridgehaven's operations. Surveyors all work in agencies similar to ours, so they are experienced mental health care providers and administrators.

They commented on our strong leadership, seasoned, highly skilled and diverse staff and our excellent reputation in the community with referral sources, Passport and other partners, such as the Humana Foundation. Not surprisingly, they were quite impressed with the caring, compassionate, warm and welcoming atmosphere at Bridgehaven and with how member centered we are, as well as how involved our members are in their recovery planning.

CARF surveys agencies at least every three years, depending on survey outcomes. Our survey was completed April 29, and we passed with flying colors, achieving a three year accreditation in Psychosocial Rehabilitation and Community Integration and Outpatient Mental Health Services.

Our CARF survey is complete, and Bridgehaven is a star pupil!



Thank you, Donna Schuster, for 14 excellent years of service! We will miss you and wish you the best in all your endeavors!

Our Mission

Bridgehaven provides the highest quality community based psychiatric rehabilitation and recovery services.



Bridgehaven's Community Based Psychosocial Rehabilitation Programs and Outpatient Mental Health Programs are accredited by CARF. Bridgehaven is a member agency of Metro United Way & an affiliate of Seven Counties Services, Inc.

In accordance with Federal law, this agency does not discriminate on the basis of race, color, national origin, sex, age or disability. To file a complaint: Bridgehaven, Attn: Ramona Johnson, 950 S 1st Street, Louisville KY 40203, 502-585-944

Bridgehaven Board of Directors

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Paul Halloran	

Donate, Don't Junk That Car!

Bridgehaven can put to good use the hunk of metal taking up space in your driveway! Contact 502-585-9444 for more information.

Leave a Legacy

Making a donation through a planned gift is a wonderful way to create a legacy of support for those who need it most. Contact us at rjohnson@bridgehaven.org or 502-585-9444 for assistance, guidance or questions. The legacy you secure today will ensure meaningful lives for so many in the future.



Statistics Don't Lie at Bridgehaven

Hospitalizations, Incarcerations and Homelessness Reduced



Bridgehaven prides itself on helping keep members in their homes, out of the hospital and out of jail. The recent Hospitalization, Incarceration and Homelessness Study indicates an extraordinary success rate.

In 2014-15, we tracked jail time, homelessness, and hospital episodes of care. For this time period, 182 members were admitted and 91 completed at least six months of services at Bridgehaven. Incarcerations were decreased 100%, and homelessness was reduced by 57%.

Specifically regarding hospital stays, of the aforementioned 91 members, 18 had been hospitalized during the year prior to admission. Five of them had two hospital stays the year prior to our services. NONE of them were hospitalized during their first six months at Bridgehaven, a 100% reduction rate.

Over 15 years of gathering data, we have averaged an 86% reduction in hospitalizations, and it's results like these that make Bridgehaven a recognized leader in psychiatric rehabilitation and recovery. THANK YOU for helping us accomplish such lofty goals, through your support and contributions.

Art, Fashion and Sports...Read All About It!

Full Slate of Activities Keep Members and Supporters Engaged

Art as a Part of Healing, an annual event to showcase members' artistry, was a roaring success! Development Director Donna Schuster's last show at Bridgehaven was "Leading with Heart," and sandcasting was the medium, taught by award-winning sculptor Joe Autry. We raised over \$8,000, and \$1,100 went back to our member artists for their artwork commissions. *The Voice* magazine featured us in their society section! You can find the story at the link below: <http://www.voice-tribune.com/galleries/weekly/art-part-healing/>



Artwork is still available at Bridgehaven. Call 585-9444 to arrange to view all the potential additions to your collection!



Our spring **Bridgehaven Fashion Show** was a phenomenal pre-Derby afternoon of flashy clothing and flashy models who graced our sunny patio...if you missed our Annual Bridgehaven Fashion Show, well....you missed the event of the month!

The CARF surveyors were here during the show, and they were delighted at the participation and the excitement! Even little Sawyer took part as one of a trio of sun-worshippers enjoying a lovely Hawaiian vacation! We're already perusing the fashion mags for our 2017 show!

Photo credit: Sawyer Ortega

Golf anyone? On Monday, June 13, we hold our annual **Bridgehaven Golf Challenge** at Oldham County Country Club. Golfers play 100 holes of golf (or as many as they can)! It's a great day filled with slices, draws and straight-down-the-middles, free food, great prizes and a whole lot of fun! Call for more information at 502-585-9444.



Thank you!

BKD Foundation
\$5,000

Cubero Group
Bus Advertisement Design

Department of Vocational Rehabilitation
\$50,000
Individual placement and support
Supported Employment grant

GE Foundation
\$1,000 Employee Matching Funds

Gheens Foundation
\$20,000
CET Training of Master Coach

The Humana Foundation
\$25,000
Grant for Bridges to Health Clinic

Louisville Metro Government
\$11,000
Safety Net Psychiatric Rehab Services for members without a payer source

Louisville Metro Government CDBG Homeless Grant
\$8,700
Services to the homeless with mental illness & substance abuse issues

YUM! Brands
\$2,500
Sponsorship of APOH art show

Ellen D. is an Inspiration!

Mental Illness Never Gets Her Down

Ellen D. is a slight woman, but her stature belies her personality! A ten-year veteran of Bridgehaven services, she is engaging, intelligent, and happy to be achieving her goals.

Preferring to "do the work" in the morning and save the afternoons for "fun stuff," Ellen says with a smile, "CET was my all-time favorite class. It takes a person with schizophrenia, like me, meets me right where I'm at, and challenges me to change." She says the art program "is outstanding; it's the most rewarding." Her worker Arti Ortega also holds a special place in Ellen's recovery. On a side note, Ellen comes through for Bridgehaven whenever we need a speaker, and she's a fantastic artist whose work hangs in many of our homes!



Most important to Ellen is the relationship group, because "it's helped me reconcile with my family. They're letting me come and stay with them in Texas for a visit." Ellen's accomplishments here? "Through the groups at Bridgehaven, I've been able to overcome depression and schizophrenia, and gain confidence as an artist. I'll keep coming back, and getting better," Ellen emphatically states. We hope you do, Ellen. You're amazing!

Therapy Pet Corner

100% Staff Turnover Results in Furbabies Galore!



Bridgehaven has long depended on its four-legged staff for extraordinary contributions to the health of our members. Cleo and Aidan crossed the Rainbow Bridge this past fall and winter, so the word went out across the land that recently-accredited Pet Therapists were desperately needed to fill those big paws.

Harley and Quinn have grown into beautiful young cats. Red tabby Harley prefers the comfort of a member's arms, or staring out a window and contemplating the ingestion of a few birds. Quinn is the more extroverted of the two, and loves running at warp speed all around Opportunity House, chasing toys and avoiding the youngest staffer.



And that would be Sawyer, the donated Goldendoodle pup! She's now 18 weeks old and very full of herself, giving the cats a run for their money. Fortunately, they can "go high" to escape her frolicking attempts to play with them, but they've all acclimated nicely to each other. Mom Arti Ortega says of Sawyer, "I just fall in love with her more every day. She's so sweet." And successful in her work to bring comfort and enjoyment to the lives of her clients every day at Bridgehaven!

