

BY THE WAY

Volume 10, Issue 2

A Bridgehaven Publication

Fall 2010

2010 Bridgehaven Golf Challenge

If you are wondering how June 21st went at Oldham County Country Club... you need not wonder anymore. Over 40 golfers supporting Bridgehaven survived the day of 110 degree heat!!! In fact, they more than survived, they conquered — playing 100 holes of golf in one (HOT) day in the Bridgehaven Golf Challenge!

Golfers solicited pledges per hole from friends and family. Their combined effort reaped over \$25,500 in pledges to benefit Bridgehaven programs!! That's a lot of work even before the golfing began!

Congratulations to our top golfing fundraisers: Tommy Schuster & Mariam Rueff, \$3,048; Trevor Atkins, \$2,190; Michael Wakefield, \$2,025; Dan Goldstein, \$1,915; Eric Hoffmann, \$1,500; Arti Ortega & Teresa Waller, \$1,180; Jan Ostbloom, \$1,115; Bob Broadbeck, \$1,100; Sarah Baker, \$1,095 and Michelle Spurlock, \$1,000.

A big thank you goes to the rest of our golfers who each made it through the 100 holes that day raising anywhere from \$1-\$999: Patrick Billig, Donyell Bissing, Paramy Blake, Vicki Hayes, Len Hicks, Larry Horn, Karen & Rick Jarboe, Tom Bohnert, Larry Brown, Tara & Kenneth Brown, David Jones, Lee Kauchak, Janice Martin, Bill Cheatham, Chris Coppel, Henry Cubero, Kell Dixon, Dave Ederheimer, Robert Posthauer, Donald Renfro, Jimmy & Isabella Rogers, Cliff Elgin, Sharon Finlinson, Judy Green, Susan Hammond, Shad Shearer, Bryan Smith, and Jeff Unger.

Congratulations to Golf Challenge committee chairman Michael Wakefield and Tracy Thornsberry for a fine-tuned, fun event that had beautiful, beautiful results!

Hole Sponsors: Liz and Paul Coomes, Healthy Options, Kim Martin and Kindred Healthcare, National Environmental Contracting. **Beverage Sponsors:** Louisville Water Company, Roger LeMaster; Pepsi Americas, Dale Hardin. **Lead Fundraiser Raffle Donations:** Finlandia Vodka, Humana, Inc., Ellen Skomsky. **Gift Bag Sponsors:** Brown-Forman, Dairy Queen, General Electric Company, Kentucky Lottery, Sophisticated Living.



Photos by Daniel Keairns



Left to right: Rob Posthauer, Trevor Atkins, Dan Goldstein; Jimmy (J.R.) Rogers; Bill Cheatham, Henry Cubero, and Larry Horn; Tim Spurlock, Michelle Spurlock.

Bridgehaven Mission Statement

Bridgehaven provides the highest quality community based psychiatric rehabilitation and recovery services for adults with severe and persistent mental illness. We enhance the lives of Bridgehaven members by encouraging them to achieve the skills to live, learn, work and socialize in their chosen environment.

Bridgehaven Program Information

Opportunity House / Bridge to Recovery
950 South First Street Louisville, KY 40203
(502) 585-9444, FAX: (502) 585-9466 www.bridgehaven.org
Admissions/Referral Coordinator:
David Sisk, LCSW (502) 585-9444

Please remember Bridgehaven in your will. Bridgehaven is recognized by the Internal Revenue Service as a 501(c) (3) non-profit organization. If you have a car (or other vehicle) you'd like to donate, please contact Donna Schuster at (502) 585-9444.

Bridgehaven Takes to the Runway

Members from both Bridge to Recovery and Opportunity House participated in this year's fashion show. Staff members Daisy Allen and Paramy Blake coordinated the show. Photos by Jeff Randall.



Bridgehaven Program Changes

In September we made some program changes that will provide more choices for our members. We added a second evening program to better serve those members whose work or school schedule prevent them from coming during the day. We are now open on Tuesday and Thursday evening in addition to our existing Saturday program. We also began offering groups for both programs starting at 9:00 a.m. and combined the group schedule of both programs so that groups are open to any member. The result: more recovery choices for members. These changes will also help us use our building space more effectively to avoid overcrowding and utilize staff time more effectively.

Celebrate Recovery!

Every spring we gather to celebrate the recovery achievements of our members. Tara Basset once again emceed the ceremony, and Marty Meyer was on hand to award certificates on behalf of Congressman John Yarmuth. Certificates and pins were handed out to the members to recognize many different categories, and also to recognize the Bridgetime Players and members that volunteer their time working at the Bridge Builder luncheons. This year's Lifetime Achievement Award went to Bridgehaven Peer Support Specialist Phillip Winchell. Congratulations!



Thank You

Humana Foundation
\$8,000
Healthy Options

Louisville Metro
\$27,500 to provide programming
for homeless persons
with mental illness.

**The Honorable Order
of Kentucky Colonels**
\$15,600 to add vestibules
to the two program entrances

**Louisville Metro
Health & Wellness**
\$2,263 for members to make weekly
trips to the Farmer's Market

Louisville Metro Safety Net
\$10,400
to provide services to
members without insurance

Generous Gift

Bridgehaven was included in the estate of the late Helen Godchaux Solomon through a very sizable charitable remainder trust. Mrs. Solomon was the mother of Bridgehaven's former Development Director, Jane Emke, who was instrumental in securing the gift for Bridgehaven. It will be used to begin a fund to insure Bridgehaven's future viability. We are extremely grateful to Mrs. Solomon for remembering Bridgehaven with this extraordinary gift and to Jane Emke for all of her efforts and continuing support.

No More Stigma!

Every October we celebrate Mental Illness Awareness Week. This year, while helping to plan the annual art show, I learned about a local family that was experiencing discrimination and harassment because of their son's bipolar disorder. Unfortunately, it is a familiar story. Untreated symptoms of severe mental illness produce unusual thoughts and actions that the person cannot control. Family members, neighbors, employers and friends do not understand what is causing the behavior and they fear what they do not understand. The person with the illness becomes estranged from the very people and relationships he or she needs for support. The estrangement results from lack of information as well as from the illness itself that can cause withdrawal and isolation. Along with the isolation, the person experiences discrimination where they live and work.

The story must change. The stigma and discrimination experienced by people with mental illness are social justice issues. Mental Illness Awareness Week is one attempt to educate the public and demystify mental illness. Bridgehaven hosts free, one-hour lunches for the community all year long to educate people about mental illness, defeat the stigma and promote justice. Bridge Builder lunches are held twice a month. We need your help to change the story for people with mental illness. Please attend a lunch and bring a friend or two. Share what you learn. Help us eliminate the discrimination. Information about the dates and times of the luncheons can be found on our website:

www.bridgehaven.org or by calling Bridgehaven at 585-9444. We look forward to seeing you at lunch!

Metro United Way Community Campaign

Metro United Way officially kicked off the 2010 Community Campaign on August 28th with the Metro United Way/UPS Walk United. Bridgehaven staff members, Board members and volunteers participated in the walk and many others sponsored our team.

MUW's campaign encourages area employers and community members to make a difference and impact the lives of people in need. Funds support nearly 90 agencies and 150 programs, while working to create and support long-term solutions by focusing on the areas of education, income and health.



Team Bridgehaven at the start of the Live United Walk

Nonprofit Org
U.S. Postage Paid
Louisville, KY
Permit No. 1322

Bridge Builder Lunches
October 20 & 27, 2010
November 3, 10 & 17, 2010
Call Donna at 585-9469
for a **FREE** reservation

Address Service Requested
Louisville, Kentucky 40203
Bridgehaven, Inc.



Upcoming Events

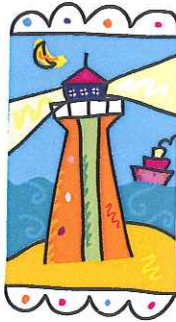
2010 Bridgehaven Bridge Builder Breakfast

Shining the Light on Recovery
Wednesday, December 1st

8:00 a.m.

Mellwood Arts Center

Please contact Donna Schuster at
585-9469 for more information. The
event is free, but you must R.S.V.P.



Shopping Night at Just Creations

Please join us Tuesday,
December 7th

at Just Creations — 2722 Frankfort Ave.
for a fun night of holiday shopping.

15% of all purchases between

6:00-8:00 p.m. goes to
Bridgehaven.



For information on attending, volunteering or
participating in any of our events,
please call 585-9469.

Bridgehaven Board of Directors 2010 Officers

Chairman	Rick Marshall
Vice Chairman	Carol Carrithers
Secretary	Michael Wakefield
Treasurer	Roger LeMaster

By The Way

Jenni Oglesby, Editor

**Bridgehaven's Community Based
Psychosocial Rehabilitation Programs
are accredited by CARF. Bridgehaven is
a member agency of Metro United Way
and an affiliate of Seven
Counties Services, Inc.**



In accordance with Federal law, this agency does not
discriminate on the basis of race, color, national origin,
sex, age or disability. To file a complaint write or call:
Bridgehaven, Inc., Attn: Ramona Johnson, 950 S. First
St., Louisville KY 40203, 502-585-9444.